

ARE YOU TOUGH ENOUGH?



DIRTY DUATHLON

& Dirty Bit 4-Mile Trail Run

SUNDAY, AUGUST 31ST 10:00AM START

Holiday Valley Ski Resort Mountain Sports Center Rt 219 Ellicottville, NY 14731

Trail run/Mountain Bike Race on challenging, hilly terrain. Be there!



- Solo Dirty Du competitor \$40.00
- Two-person Du male team \$50.00
- Two-person Du female team \$50.00
- Two-person Du co-ed team \$50.00
- Dirty Bit Trail Run(4-Mile Trail Run) \$25.00
(Dirty Bit 4-Mile Trail Run scored as its own event)

Rates increase Aug. 1st
 Add \$5 per entrant after.
 T-Shirts to first 300 athletes and as they
 last on race-day. Post race party for all.
Race-day entries always welcome!
 Helping support HEART Animal Shelters.

Register on-line at:
WWW.HEARTRATEUP.COM
Heart UP
 rate.com

Field Limits: 100 Teams, 150 Solo, 200 Dirty Bit Runners

Team Name for Results: _____
 Solo competitor information/ team runner: _____

 Last Name First MI

 Street City ST Zip

 Sex Age E-mail address Phone # S M L XL
 (Circle t-shirt size)

 Emergency Contact Emergency Contact phone number

Team biker information:

 Last Name First MI

 Street City ST Zip

 Sex Age E-mail address Phone # S M L XL
 (Circle t-shirt size)

 Emergency Contact Emergency Contact phone number

Acknowledgement of Risks and Assumption of Risk Responsibility

In consideration of your accepting this entry and permitting me to attend, volunteer or participate herein, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive release and forever discharge any and all rights and claims for damages I may now or in the future have against Endurance America, Music X-press, Race Director(s), the town or any entity associated with this event and/or sponsors, volunteers, agents, members other competitors or assigns, for any and all losses and injuries in association with this event.

Participant's Signature: _____ Date: _____

Parent/Guardian: I verify that I am the parent or guardian of the minor, and I have the authority to enter into this agreement on behalf of the participant and I agree to be bound by the terms and conditions stated above.

Signature: _____ Date: _____

Participant's Signature: _____ Date: _____

Parent/Guardian: I verify that I am the parent or guardian of the minor, and I have the authority to enter into this agreement on behalf of the participant and I agree to be bound by the terms and conditions stated above.

Signature: _____ Date: _____



Mail completed entry form (checks made out to Endurance America) to:
Endurance America PO Box 100 Boston, NY 14025

